



# SERIN

## Director/Choreographer

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Professionally took up dancing and have been doing so for the past 14 years. Realized my aptitude towards dancing right in college days when I took up performing at all cultural activities and competitions. At the same time I got offers to perform for a few corporate houses. Knowing my strength I joined a professional dance team in India and became an assistant choreographer and continued for 8 years. During that period I shot 3 movies and choreographed stage shows, fashion shows and music videos. Knowing my niche, I concentrated in choreographing for stage shows. I incorporate various styles such as Hip-hop, Bollywood, Salsa, Jazz and Contemporary. To make the show creative I make my own props for the shows to give it a classy touch and make it look larger than life.

For the past 14 years I have choreographed and performed within India as well as abroad namely in countries like Singapore, Hong Kong, Nairobi, Bangkok, Malaysia, Dubai, Macao and many more. I also enrolled myself to learn Latin American dances. The style includes Rumba, Samba, Jive, Cha-Cha, Bachata, Rock n Roll and Waltz. In addition, I independently managed and successfully put up a show in Hong Kong year 2005 where I choreographed for artists like Akshay Kumar, Sushmita Sen, Malaika Arora, Yana Gupta, and Koena Mitra. The same year in November I did another International show in the UAE with Diya Mirza, Kim Sharma, Rakhi Sawant, and Meghna Naidu. I have also worked with artists like Amir Khan, Amitabh Bachchan, Aishwarya Rai, Shahrukh Khan, Vidhya Balan, Priyanka Chopra, John Abraham, Katrina Kaif and Rajiv Khandelwal.

I choreographed and handled entire show in Singapore for 3 years in a row for Zee TV.

- Zee Night with television actors and Sa Re Ga Ma singers.  
Zee Carnival Fashion and Dance show in Singapore with superstars like Zahid Khan, Priyanka Chopra, Madhavan and also Sa Re Ga Ma Pa Little Champs.
- Zee Carnival show in Singapore a year later with the Superstar Shahrukh Khan where I performed on his songs and shared the stage with him and also T.V serial artists and The Rupee Room Dance Academy competition in Singapore which was televised on Zee TV

Knowing that I have more to learn and teach I came to Singapore to pass on my dancing knowledge. I worked in Singapore and conducted dance classes for kids, teenagers, adults and also taught in schools, universities and companies



Hence as a Director and Choreographer of **S&R Dance and Events**, I am hoping to create a great impression, share my teaching skills with all my students and making sure they learn a lot and have fun at the same time now and in the years to come with a lot of support from God and everyone around.

As I believe ***'DANCE WITH YOUR HEART AND YOUR FEET WILL FOLLOW'***





## ***Dance your way to Fitness***

GET GROOVY with BOLLYWOOD, SALSA, HIP-HOP, JIVE, BACHATA AND MORE....

If you're the type who gets bored doing the same exercises every day, an introduction to dancercise (dance & exercise) might be just what you need to stay motivated. There are many different dance styles such as Latin Ballroom, Salsa, Bollywood and Hip- Hop. Instead of simply exercising to get a cardio workout, you'll also have the option of performing moves that will flatten a jiggling tummy or tone your muscles. One of the many benefits of dance exercise is the ability to learn a new skill while you work out. Learning to dance can also help improve your coordination skills and you've got yourself an all-encompassing workout for your heart, your muscles and your brain. Best of all, dance exercise soundtrack specifically designed to keep your heart rate up and your attitude energized and motivated. Music and muscles working hand -in -hand - keeping fit doesn't get any better than this! Mixing cool sounds, cool clothes with even cooler moves. We encourage students to make dance an enjoyable experience while learning at the same time

- **10 min of warm-up exercises to get those muscles ready and going**
- **This will be followed by 50 minutes of dancercise while dancing to latest and popular songs.**
- **No dance experience required. Just bring along your passion to keep fit and step into a stress free and fun class**
- **Dress Code :- Track pants, T-shirts, Gym Shoes/Runners as per convenience and comfort (water bottle and hand towel optional)**

**1st class will be a free trial class.**

***Don't miss this opportunity and enjoy it to the fullest. See you all at the classes.....***